



Julian Meetings

Would you like to have some time just to be with God?

A quiet time in a busy stressful life?

A time to focus on God?

We are surrounded by noise. Julian Meetings allow you to set aside time to sit in silence and '*to remain still and let God speak and act in you*' (Meister Eckhart, mediaeval theologian and philosopher).

Julian Meetings are named after Julian of Norwich, the 14th-century contemplative woman whose view of a generous and homely God struck a responsive chord in the minds and hearts of the founders of the movement.

All are welcome at **6.30 pm** on the **4th Sunday of each month** to take the opportunity to meet with God in silence, in the beautiful surroundings of **St Martin's Church**.

If you would like more information please contact:

The Revd Kia Pakenham: **kiapakenham@icloud.com**.